

# SELKIRK RANGE

## Selkirk Range | Duty Courage Truth

Release Date: February 19, 2026

Genre: Folk pop

Composer: Gordon Gow

Production: Gordon Gow

*Duty Courage Truth* is the second album released under my Sunophonic Sessions, bringing together songs written over the past dozen years—lyrics that were demoed, set aside, or never fully realized when they were first written.

Compared to my previous release, *Hired Gun*, which leaned more decisively into country-influenced arrangements, this album is a somewhat eclectic collection shaped primarily by a pop-folk sensibility. The album encompasses a greater diversity of themes, musical elements, and arrangements, with traces of country sprinkled throughout.

The album is comprised of what I call “regen” versions—short for *regenerated*. In each case, I began by providing my original lyrics and then worked through an iterative process to regenerate full musical compositions around them. Multiple interpretations were explored for each song, with the final versions selected for their clarity, emotional impact, and faithfulness to the intent of the lyrics. With some songs, I revised the lyrics and made structural changes to the songs as the creative process unfolded.

Through careful listening and curation, I selected regenerated versions that spoke to me as the songwriter. Sometimes, the musical interpretation of the lyrics took an unexpected direction. “Not What You Needed” is a case in point. Originally demoed with a simple, jazz-influenced guitar part, it is reimagined here as a doo-wop-inflected pop performance—in my view, a delightfully fresh reinterpretation that suits the theme.

I recognize that using generative AI for music production is controversial—and for some listeners, a non-starter—but as an independent songwriter with limited resources and an abundance of ideas, it has opened up a new collaborative path for songwriting and production. All I ask is that you listen to these songs for what they are: performances carefully chosen to honour the words written by my hand.

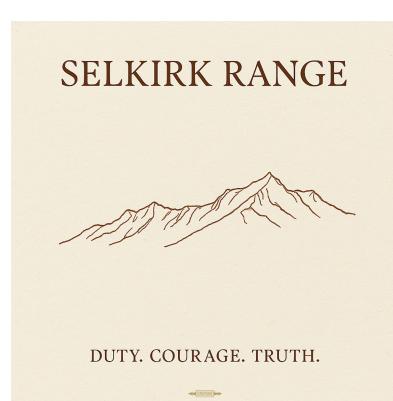
Some highlights from the collection include the following tracks:

**“The Needful Thing”** — An up-tempo folk-pop track driven by a soaring, melodic chorus. Built around themes of sacrifice and obligation, it fits well in playlists featuring lively songs with smart, emotionally-charged themes.

**“Brave”** - A warm, melodic folk-pop song featuring a female lead vocal. Its steady pacing and intimate delivery frame strength as something lived and sustained, making it a natural fit for reflective, resilient, and emotionally grounded sets.

**“No More Secrets”** - An upbeat, feel-good pop-folk track shaped by Celtic-inspired textures. Open and affirming in tone, it conveys a sense of joy that works well as a lift-point or closing moment in a playlist sequence.

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### Track Listing

- 1. The Needful Thing**
2. California Morning
3. Hello, Again
4. Wistful Eyes
5. Not What You Needed
6. Tranquility
7. That Love Ain't True
- 8. Brave**
9. One Sure Sign
- 10. No More Secrets**

### Contact

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